

THE PARISHES OF MALLOW & MOURNEABBEY

Parish Office St Joseph's Parish Centre, 27/28 Bank Place, Mallow
Phone: (022) 20276 Email: parishmallow@gmail.com
Hours: Monday to Friday 9am-5pm. Closed 10am-10.30am & 1pm-2pm
Website mallowparish.ie **Facebook** @mallowparish



Rt Rev. Msgr Anthony O'Brien, P.P., V.G. (087) 6834193
V. Rev. Andrew Carvill, Adm Mourneabbey (022) 51606
Rev. Anthony Sheehan, C.C. (087) 6563997
Rev. Damien Lynch, C.C. (022) 53909
Sick Calls: (022) 21251
Youth Minister: Bernadette O'Connor (086) 8031126

22ND FEBRUARY 2026 ~ 1ST SUNDAY IN LENT

MASS & CONFESSION TIMES

St Mary's Church, Mallow

Saturday (vigil): 6.30pm
Sunday: 8.30am & 11.00am
Monday – Saturday: 10.00am
Confessions Saturday after 10.00am Mass
Convent of Mercy: Sunday Mass 9.30am

Church of the Resurrection, Mallow

Saturday (vigil): 7.30pm
Sunday: 10.00am & 12.00pm
Monday – Friday: 9.15am
Confessions Friday after 9.15am Mass

St John the Baptist, Burnfort

Sunday 11.30am
Thursday 9.30am

St Michael the Archangel, Analeentha

Sunday 10.00am
Friday 9.30am

Adoration Chapel in St Mary's Church Monday to Saturday 10.30am – 6.00pm

The Sacrament of Baptism is celebrated on Saturdays & Sundays. Inquiries to the Parish Office.

Livestreaming from St Mary's Church on churchservices.tv/mallow

Catholic newspapers are on sale after Sunday Masses in Mallow.

Society of St Vincent de Paul Contact (022)50188 or (086)2693571

Bethany Bereavement Service for all types of bereavement and loss. Contact (086) 3918751

Lectio Divina for Lent on Thursdays at 7.30pm in the Parish Centre.

MASS INTENTIONS FOR COMING WEEK

MONDAY 23RD FEBRUARY TO SUNDAY 1ST MARCH

St Mary's Church *Mon* Elaine Lehane, *Tue* Eoin Eastwood, *Wed* Kenneth O'Sullivan *Thur* May Coleman, *Fri* Michael Murphy, *Sat 10am* Denis Lynch, *Sat Vigil 6.30pm* David Buckley, *Sun 8.30am* Months Mind: Denis Murphy, *Sun 11am* Months Mind: Michael Willis

Church of the Resurrection *Mon* Hannah May & Michael O'Regan, *Tue* Pat Barrett *Wed* Violet Ann Harrison, *Thur* Phyllis Glavin & parents, *Fri* Michael O'Donovan, *Sat Vigil 7.30pm* First Anniv: Mitchell O'Callaghan, *Sun 10am* Months Mind: Dan Lucey, *Sun 12pm* Months Mind: Mary Patricia Curtin

St. John the Baptist, Burnfort *Sun* John Dennehy, his sister Kitty Harte & parents Denis & Mary Dennehy

St. Michael the Archangel, Analeentha *Fri* Dan Curtin & Con O'Sullivan *Sun* Mary Buckley

Readers for the month of March - **St Mary's** - Sat., Vigil 6.30pm, Bill Gregor Sun., 8.30 am Adeline Monteiro Sun., 11am Denise McKenna. **Church of the Resurrection** - Sat., Vigil 7.30 pm Anne Geaney, Sun., 10am Gerard O'Connell, Sun., 12 noon Kay Breen

FEAST DAYS THIS WEEK (Optional observance in italics)

Sun 22nd The Chair of St Peter, Apostle (not celebrated this year)

Mon 23rd *St Polycarp, Bishop & Martyr* **Fri 27th** *St Gregory of Narek, Abbot & Doctor of the Church*

EXCERPT FROM THE LETTER OF THE HOLY FATHER POPE LEO XIV FOR LENT 2026

Fasting is a concrete way to prepare ourselves to receive the word of God. Abstaining from food is an ancient ascetic practice that is essential on the path of conversion. Precisely because it involves the body, fasting makes it easier to recognize what we "hunger" for and what we deem necessary for our sustenance. Moreover, it helps us to identify and order our "appetites," keeping our hunger and thirst for justice alive and freeing us from complacency. Thus, it teaches us to pray and act responsibly towards our neighbour.

With spiritual insight, Saint Augustine helps us to understand the tension between the present moment and the future fulfilment that characterizes this custody of the heart. He observes that: "In the course of earthly life, it is incumbent upon men and women to hunger and thirst for justice, but to be satisfied belongs to the next life. Angels are satisfied with this bread, this food. The human race, on the other hand, hungers for it; we are all drawn to it in our desire. This reaching out in desire expands the soul and increases its capacity." Understood in this way, fasting not only permits us to govern our desire, purifying it and making it freer, but also to expand it, so that it is directed towards God and doing good.

However, in order to practice fasting in accordance with its evangelical character and avoid the temptation that leads to pride, it must be lived in faith and humility. It must be grounded in communion with the Lord, because "those who are unable to nourish themselves with the word of God do not fast properly." As a visible sign of our inner commitment to turn away from sin and evil with the help of grace, fasting must also include other forms of self-denial aimed at helping us to acquire a more sober lifestyle, since "austerity alone makes the Christian life strong and authentic."

Upcoming Station Masses – Ballyvinitter and The Commons, at the home of John and Teresa Finnegan, Friday, 6th March – Mass at 7.30pm.

Carrigoon, Parkadillane, Oliver's Cross, Keatley's Close, Castleheights, Aldworth Heights at the home of Kathleen O'Brien, Friday 20th March – Mass at 7.30pm.

Fiddane, Knockroua, Knopogue at the home of Con & Anna Colbert, Sat., 21st March - Mass at 11am.

Lenten Stations 2026 - We invite families who are willing to hold a Station Mass for their neighbourhood in their homes to contact the Parish Office on 022-20276 to arrange a date of your choice between the dates - Thursday 19th February and concluding on Friday 27th March.

Lenten Station Offerings for our priests - white envelope will be taken up at all Masses this weekend.

NOTICES

Welcome to the children of 2nd classes and their families to the Mass in the "Grow in Love in the Parish" programme at the 10.00am and 11.00am Masses today.

Stations of the Cross - in St Mary's Church on the Sundays of Lent at 5.00pm beginning today, Sunday, 22nd February.

Southside Tea/Coffee Morning – Everyone's welcome for a cuppa and a chat after 9.15am Mass (Church of the Resurrection) on Wed., 25th Feb., in the Arches – getting to know each other and our community (from Mallow Parish Pastoral Council).

Contemplative Dominican Monastic Discernment for single women between the ages of 18-35 in the Monastery of St. Catherine of Siena, Drogheda Co. Louth – weekends - 20th- 22nd March and 17th - 19th April. Contact Sr. Mairead O.P., sienavoc@gmail.com or 041 9838524.

Mallow Field Club Lecture in Mallow G.A.A. Centre, Tues., 24th Feb., at 8 p.m. Sean Hogan, Historian, Blarney, will speak on "Ireland and the Emergency 1939-1945". Door charge €5. Everybody welcome.

Irish Cancer Society, Daffodil Day Coffee Morning in Centra Main St., Mallow Fri., 27th Feb., 10 a.m. to 12.30 p.m. Please Support.

