

# THE PARISHES OF MALLOW & MOURNEABBEY

**Parish Office** St Joseph's Parish Centre, 27/28 Bank Place, Mallow  
Phone: (022) 20276 Email: parishmallow@gmail.com  
Hours: Monday to Friday 9am-5pm. Closed 10am-10.30am & 1pm-2pm  
**Website** mallowparish.ie **Facebook** @mallowparish



Rt Rev. Msgr Anthony O'Brien, P.P., V.G. (087) 6834193  
Rev. Anthony Sheehan, C.C. (087) 6563997  
Rev. Andrew Carvill, C.C. (022) 51606  
Rev. Damien Lynch, C.C. (022) 53909  
Sick Calls: (022) 21251  
Youth Minister: Bernadette O'Connor (086) 8031126

## 16<sup>TH</sup> SUNDAY IN ORDINARY TIME ~ 21<sup>TH</sup> JULY 2024

### MASS & CONFESSION TIMES

#### St Mary's Church, Mallow

Saturday (vigil): 6.30pm  
Sunday: 8.30am & 11.00am  
Monday – Saturday: 10.00am  
Confessions Saturday after 10.30am Mass  
Mass in Convent of Mercy, Bathview

#### Church of the Resurrection, Mallow

Saturday (vigil): 7.30pm  
Sunday: 10.00am & 12.00pm  
Monday – Friday: 9.15am  
Confessions Friday after 9.15am Mass  
Sunday: 9.30 a.m.

#### St John the Baptist, Burnfort

Sunday 11.30am  
Thursday 9.30am

#### St Michael the Archangel, Analeentha

Sunday 10.00am  
Friday 9.30am

**Adoration Chapel** in St Mary's Church Monday to Saturday 10.30am – 6.00pm

**The Sacrament of Baptism** is celebrated on Saturdays & Sundays. Inquiries to the Parish Office

**Livestreaming** from St Mary's Church on churchservices.tv/mallow

**Catholic newspapers** are on sale after Sunday Masses in Mallow

**Society of St Vincent de Paul** Contact (022)50188 or (086)2693571

**Bethany Bereavement Service** for all types of bereavement and losses. Contact (086) 3918751

### MASS INTENTIONS THIS WEEK

#### St Mary's Church

*Saturday Vigil*  
6.30pm Anniv: Michael O'Callaghan

*Sunday*  
8.30am Anniv: Bridie Murphy  
11.00am Anniv: Jerry Higgins

*Mon* Anniv: Denis Crowley  
*Tue* Anniv: Tom Aherne  
*Wed* Anniv: Liam Sampey  
*Thur* Anniv: Paddy & Nellie O'Connor

*Fri* First Anniv: Sr. Siby  
*Sat* Anniv: Eileen & Gerard Kirby

#### St John the Baptist, Burnfort

*Sun*  
*Thur*

#### Church of the Resurrection

*Saturday Vigil*  
7.30pm Anniv: Breda Madden

*Sunday*  
10.00am Anniv: Harry & Maud Casey  
12.00pm Anniv: Caoimhe Walsh

*Mon*  
*Tue* First Anniv: Donal Walsh  
*Wed*  
*Thur* Anniv: David Murphy & his son  
Aidan Murphy

*Fri* Months Mind: John Willis

#### St Michael the Archangel, Analeentha

*Sun*  
*Fri*

### FEAST DAYS THIS WEEK *(Optional observance in italics)*

**Sun 21<sup>st</sup>** St Lawrence of Brindisi, Priest & Doctor of the Church (not observed this year)

**Mon 22<sup>nd</sup>** St Mary Magdalene **Tue 23<sup>rd</sup>** St Brigid of Sweden, Religious & Patron of Europe

**Wed 24<sup>th</sup>** St Declan, Bishop; St Sharbel Makhluf, Priest **Thu 25<sup>th</sup>** St James, Apostle

**Fri 26<sup>th</sup>** St Joachim & Anne, Parents of the Blessed Virgin Mary

### SUNDAY REST

*From the Catechism of the Catholic Church, §§2184-2188*

Just as God "rested on the seventh day from all his work which he had done," human life has a rhythm of work and rest, the institution of the Lord's Day (Sunday) helps everyone enjoy adequate rest and leisure to cultivate their familial, cultural, social, and religious lives.

On Sundays and other holy days of obligation, the faithful are to refrain from engaging in work or activities that hinder the worship owed to God, the joy proper to the Lord's Day, the performance of the works of mercy, and the appropriate relaxation of mind and body. Family needs or important social service can legitimately excuse from the obligation of Sunday rest, the faithful should see to it that legitimate excuses do not lead to habits prejudicial to religion, family life, and health.

Those Christians who have leisure should be mindful of their brethren who have the same needs and the same rights, yet cannot rest from work because of poverty and misery. Sunday is traditionally consecrated by Christian piety to good works and humble service of the sick, the infirm, and the elderly. Christians will also sanctify Sunday by devoting time and care to their families and relatives, often difficult to do on other days of the week. Sunday is a time for reflection, silence, cultivation of the mind, and meditation which furthers the growth of the Christian interior life.

Sanctifying Sundays and holy days requires a common effort. Every Christian should avoid making unnecessary demands on others that would hinder them from observing the Lord's Day. Traditional activities (sport, restaurants, etc.), and social necessities (public services, etc.), require some people to work on Sundays, but everyone should still take care to set aside sufficient time for leisure. With temperance and charity the faithful will see to it that they avoid the excesses and violence sometimes associated with popular leisure activities. In spite of economic constraints, public authorities should ensure citizens a time intended for rest and divine worship. Employers have a similar obligation toward their employees.

In respecting religious liberty and the common good of all, Christians should seek recognition of Sundays and the Church's holy days as legal holidays. They have to give everyone a public example of prayer, respect, and joy and defend their traditions as a precious contribution to the spiritual life of society. If a country's legislation or other reasons require work on Sunday, the day should nevertheless be lived as the day of our deliverance which lets us share in this "festal gathering," this "assembly of the firstborn who are enrolled in heaven."

### NOTICES

**The Medical Missionaries of Mary** are visiting all the Parishes of Cloyne Diocese this year and they will be with us in Mallow and Mourneabbey at all Masses next weekend - **27<sup>th</sup>/28<sup>th</sup> July**. They wish to especially thank us for our financial support and for our prayer that has sustained them over the years.

**National Grandparents Pilgrimage - Knock**, Sunday, 28<sup>th</sup> July at 3 p.m., celebrating World Day for Grandparents and Elderly. All are welcome.

**The Light the Fire Pilgrimage** at Ballintubber Abbey, Co. Mayo will take place on Sunday, 4<sup>th</sup> August from 12.00 p.m. to 4.00 p.m. Archbishop Francis Duffy and Deacon John Taaffe will celebrate Mass as part of the Light the Fire rosary/healing service.